Norsk Grotteblad nr 43, November 2004

SRT-kurs vid Fjällmötet i Norge

Single rope technique course at The Norwegian Annual Meeting

A dozen enthusiasts, of whom four Swedes, took part in the two-day course. A wooden training scaffolding had been erected at the campsite without the use of nails or screws. Descents and ascents were practised in the scaffolding as well as in a pitch. Climax was the entry into Olafshullet, the 42 m shaft.

The three course instructors, Ivar, Torstein and Thor-Martin, were warmly praised.