

**Redningsøvelse i Olafshullet 16.-18.9.05**

Rescue exercise in Olafshullet

The purpose was to train in rigging a pitch for lifting and lowering and practice operation of the rig. Exercise locality was Olafshullet, a 42 m deep fossil shaft. Prior to departure the use of rigging system and packing of the stretcher were practised. Also, a number of useful knots were demonstrated and photographed for inclusion in the manual of the Norwegian Cave Rescue Service.

The exercise went well and was a fine introduction to more demanding training not limited to operations from the surface. Among imperfections noted: The lowering could have been done more smoothly. Is it feasible to use a Grigri on the rope when lowering?